

SHAKTI SHALINI



Annual Report

20
18



contents

• About Us	02-04
• We Reach Out To	05
• Major Components of Intervention	06-16
◦ Preventive and Responsive Mechanisms	07-14
◦ Educational Enhancement	14-15
◦ Artivism & Darmiyan	15-16
• Success Story 1	17-18
• Major Events	19-25
• Success Story 2	26-27
• Year At A Glance	28
• Partners, Donors & Stakeholders	29-31
• Team	32-38
• Organizational Structure	39
• Contact Us	40

About Shakti Shalini

Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has.

Gender and sexual violence is an evil that has always existed all around the world, and especially in a country like India. Shakti Shalini is an organisation that was formed by mothers of two dowry victims, in 1987. During an era when a lot of feminist discourses gained attention, both these strong mothers, Ms. Satyarani Chadha and Ms. Shahjahan used that time to reach out to people like their own, not just as a means of healing but to help prevent the society from evils such as these (gender violence), so more people stand aware of this and are able to fight back along with and stand up for themselves.

Shakti Shalini has grown tremendously over the years. It began with a pair of women and now has grown up to become an organisation with a group of women working together in order to make a positive change in and with the society. It initially began with services such as – counselling and provision of a shelter home. Once established, the shelter home started by Shakti Shalini, became the first shelter home for women in distress in Delhi, India.

The present shelter home, 'Pehchan', was established on 27th january 2014 as a result of closing down of the previous shelter home on account of availability of space infrastructure. This marked the rebirth of Shakti Shalini's shelter home.

What we stand for

Vision

– A society based on equity and equality might sound ideal and difficult to attain but is something we are wholeheartedly working towards. We envision our society to be one where humans, regardless of their gender, caste and race are treated equally whilst getting the opportunity to live their life with pride, dignity, and self –worth.

Mission

Working towards change and turning elements from the Universal Declaration of Human Rights along with the Constitution of India and turning it into reality is and has been Shakti Shalini's mission. Working with different mechanisms and interventions in order to fight and help people fight for their rights and the rights of the oppressed, abused, exploited, neglected by working towards their empowerment in a manner where they don't become victims of such evils. Helping people face these challenges and oppressions in life by intervening and guiding them at different levels, may it be at a family level, that of the community, or an individual, Shakti Shalini works towards helping people fight against the odds and live a life of dignity along with being able to make strategic choices.

Goals

- Shakti Shalini works within the paradigm of women empowerment and help them make strategic life choices and provides support network for women in legal, psychological, economic, and physical areas in order to help reduce as well as work towards their problems
- We work to improve the level of coordination and networking between organizations in order to build support system for women along with trying to influence changes at the policy level towards issues such as gender sensitivity and gender equity.
- We work towards educating women, imparting knowledge along with information on issues concerning their daily lives such as – health, education, economics, the police system and many more. We also work towards providing training support creations and maintenance of women's savings and investment groups
- We act as a facilitator and help women exercise their choices which get clouded or which they aren't able to make due to the endless pressure on them, especially that form the society.
- We help imparting perceptions, attitudes, and behaviours of various families along with different communities towards women so as to generate a harmonious living space, where women are equal partners and get to live a dignified life.

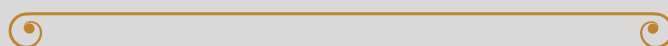
We Reach Out To

10,380
WOMEN SUPPORTED BY SHAKTI SHALINI
SINCE 1987

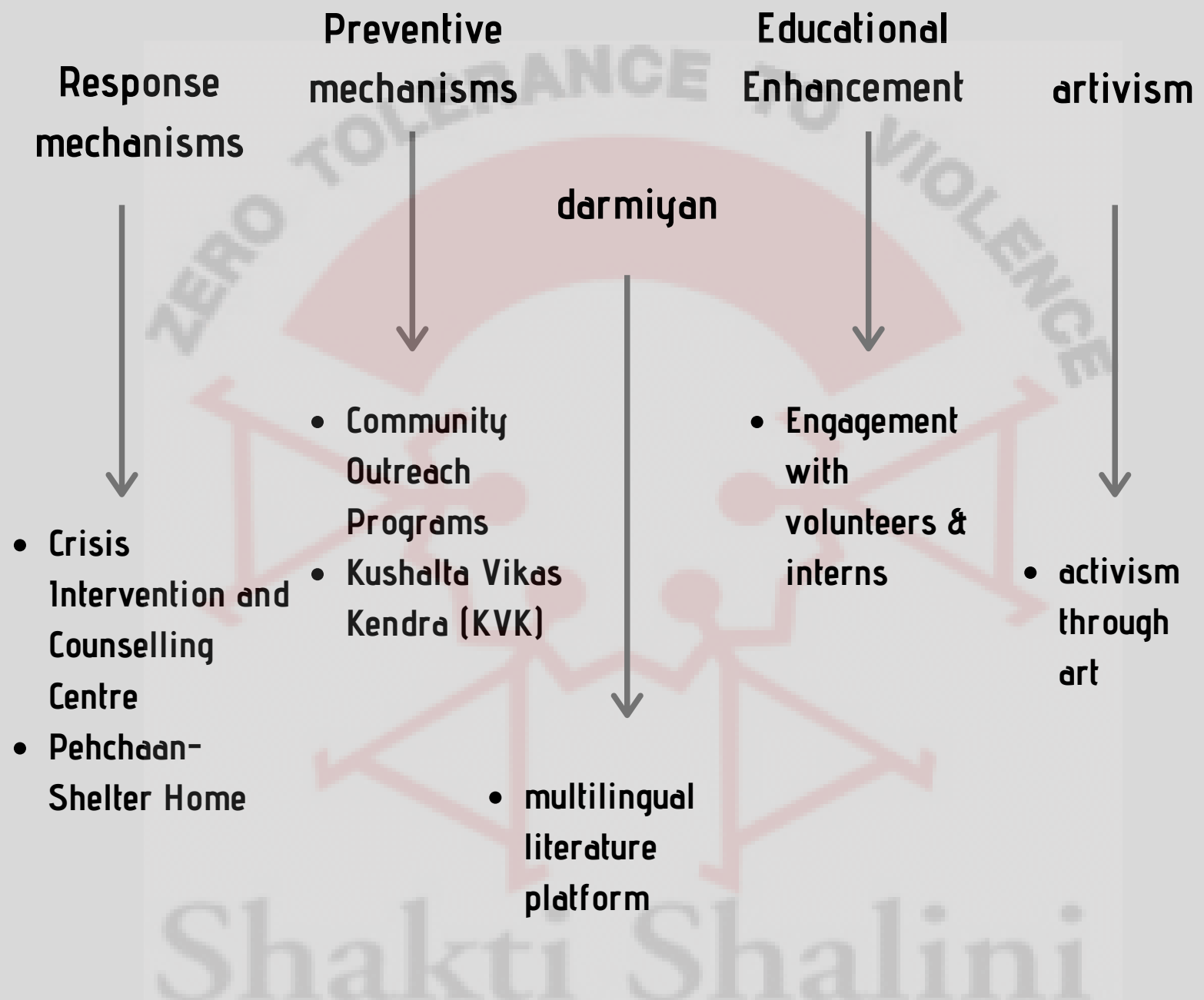


Shakti Shalini works on and with people from different genders who are victims and survivors of violence irrespective of their age, gender, religion, community, or caste. This NGO promoted gender equality and equity along with individual choice and starts doing this from the grass root level.

Sometimes it is not about what you experience that needs to be put to a halt, sometimes it is what you witness or happen to hear that needs to be changed and corrected.



MAJOR COMPONENTS OF INTERVENTION



RESPONSE MECHANISMS

- **Crisis Intervention and Counselling Centre (CICC) –**
CICC was setup to support people who approach Shakti Shalini with a variety of problems and resultant crisis. The CICC staff makes home visits, attends to telephonic counselling sessions, as well as provides counselling sessions in the office. Rehabilitation and reintegration have been the primary goal along with other interventions, as and when required. Counselling as a tool has helped us in going through every single aspect of the issues the survivors face and has helped us in mapping out and working towards action plans in order to deal with the issues effectively to reach to a possible solution. Shakti Shalini along with the Delhi Commission for Women (DCW) and its Rape Crisis Cell work together when a case comes to any of the thirteen police stations across south – east Delhi regarding sexual violence. Our counsellors will be found promptly reporting within immediate notice to help victims and survivors in their time of need.

Our work with the DCW is conducted by two professional and skilled counsellors who provide immediate support to the victims of sexual violence. Our clients include survivors of rape, molestation, trafficking as well as those who are/went missing. Approximately 30-35 survivors of sexual violence are rendered support every month. Every client undergoes individual and various levels of counselling sessions according to his/her needs.

The counsellors create an excellent support mechanism for the clients and their significant ones, by providing them with psychological as well as emotional support whilst assisting them with and throughout the process of filing FIR, MLC (medico-legal services), statement of CrPC-164 in the court of Metropolitan Magistrate and necessary legal & social support and economic awareness. Thus, throughout a participatory process, the clients are gradually led to overcome their sufferings and make informed and more rational life decisions and be able to lead a life of independence. This was also with a vision to facilitate the rehabilitation and reintegration of survivors into the society.

- ‘Pehchan’, the Shelter Home–Pehchan means identity. This identity is the shelter for victims and survivors of gender violence which is provided by Shakti Shalini. In 2012 the state government, more specifically DUSIB (Delhi Urban Shelter Improvement Board) allotted a permanent shelter which was made operational in 2014. It is a small independent ground floor unit with four bedrooms, two toilets, a kitchen, a sitting room, and a green courtyard. At a particular point of time it can accommodate about 10 women, including some of them coming along with their children. The environment of the shelter is extremely safe and clean/hygienic. Sanitary, medical, legal, economic, and dietary facilities are regularly and sufficiently provided to the victims in the shelter home. Counselling forms an integral part of the work that is carried in the shelter home. The organization has appointed two caregivers who look after the functioning of the shelter home along with the needs of the residents.**

Another important aspect of the shelter home is the basic literary and skill development classes which are being carried out here. These classes include and **teach computers, cutting and tailoring, beauty parlour and mehendi classes.** The classes are not limited to just the residents of the shelter home but are also open to and facilitate other women and adolescents of the community at a minimal cost. These classes are helpful in training them and making them economically independent. Apart from skill development training, remedial sessions are also being carried out for the other children of the community as well as the residents of Pehchan. The residents enthusiastically and actively participate in Theatre workshops which are organized in partnership of Shakti Shalini and Pandies Theatre. The residents prepare their own stories, write their script and then produce their play under the guidance and supervision of team Pandies Theatre. It acts as a cathartic burn out mechanism for the survivors of violence and boosts their confidence and zeal to take charge of their lives.



Shelter home provides a homely environment to those survivors of violence who no longer live with their families. It helps them form new bonds with people who have undergone the similar fate. It provides them with an emotional support to overcome the trauma they have faced. Along with this, it helps them become independent and live a disciplined life. Everyone residing in the house contributes for its functioning. A particular time-table is followed and the various household chores such as cooking, cleaning, sweeping etc are divided amongst the members.



The duration of the stay of each member varies from person to person depending upon whether the victim's case has been resolved or she has become economically independent or whether she has got another place to live. It is highly important for Shakti Shalini to rehabilitate and re-integrate each of its residents to the best of their potential for them to lead a life of dignity and respect. The ultimate goal of Pehchan is the rehabilitation and reintegration of the residents into the society and where ever possible, to their family. The choice and decision is always that of the survivor.

PREVENTIVE MECHANISMS

Community Outreach Programs - Community Outreach works at two levels, one is towards identifying violence and addressing it and another is to work for the prevention of Gender Based Violence. Bringing about change in perspective, perception, attitude and behaviour towards gender; and this change is a slow process. Working with adolescent boys and girls is a preventive intervention strategy. At the macro level the goal is reduction or total elimination of gender-based violence resulting in a harmonious and peaceful life. At micro level, the oppressed members of the society will be empowered so that they protect themselves from infliction of violence.



The focal point in the community outreach work centralizes on people oppressed on the basis of gender and their issues. The goal is to establish their identity as a significant member of the community and having dignity and respect as a person. There are certain interventions programs designed to work in the community for which we have established four committees: Women Protection Committee, Men Protection Committee, Adolescent Boys Protection Committee and Adolescent Girls Protection Committee. Each Committee organizes scheduled and regular meetings with its target group and attempts to discuss their problems, experiences and opinions in order to gradually negotiate the gender relations operating between the four groups.

The **Community Outreach Worker** regularly interacts with the women, children and families of the community, gaining their confidence, discovering the grievances of women and attempting to address them. The members of the community are encouraged to join Skill Development programs offered by Shakti Shalini at minimal fees. Various sessions for Gender sensitization, Life skills, Employment training, Good Health and Education take place for the participants of the various courses at Shakti Shalini.

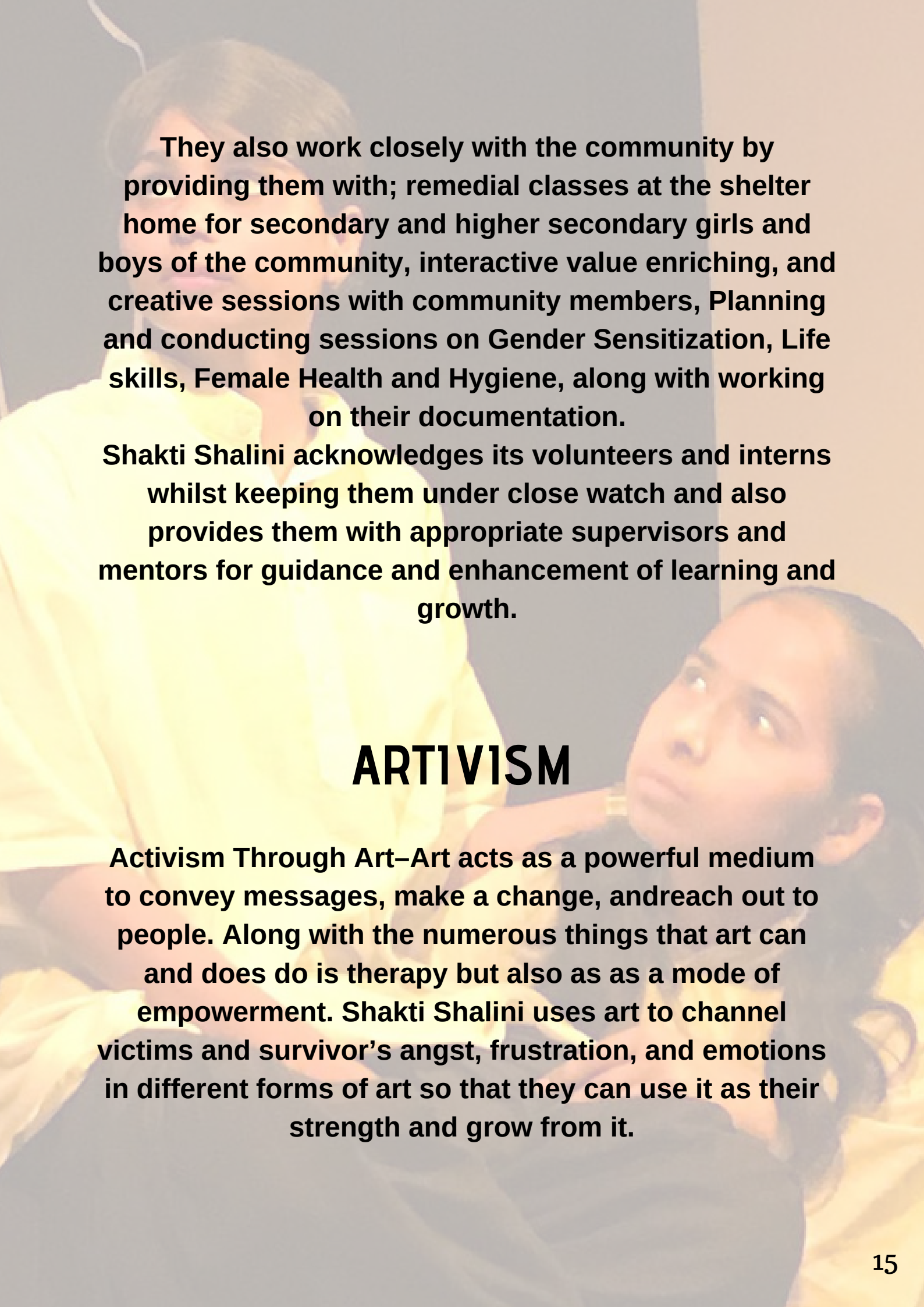


- **Kushalta Vikas Kendra (KVK)**—Under Kushalta Vikas Kendra (KVK), Shakti Shalini is imparting skills like

Beauty Culture, Cutting & Tailoring, Computer Training, Henna Art and Remedial Education for Shelter home Residents and community members. Our workers, volunteers and interns are major key factor of strengthening the KVK and in fulfilling its objective of “Enhancing skills to combat Violence” and also act as a Preventive Mechanism to achieve “Zero Tolerance to Violence”. Shakti Shalini, began its KVK in mid of 2016 which the organization is envisaging to take in its fold many other skills that are of interest to the stakeholders and at the same time that can empower them economically. “This is the vision of Shakti Shalini of Skills Development for Combating Violence”. What sets the skill development centre of Shakti Shalini apart is that we see and conduct activities from a gendered perspective. Constant efforts through Dance, Theatre and Gender sensitization workshops are taken to make the participants more sensitive towards the issue of Gender based violence, and sub issues under patriarchy.

EDUCATIONAL ENHANCEMENT

- **Engagement and Training Interns and Volunteers–** Shakti Shalini works on areas covering numerous grounds, they include: rapport building with community members, community profiling, and drafting of need assessment form for prioritizing new areas of intervention in the community.



They also work closely with the community by providing them with; remedial classes at the shelter home for secondary and higher secondary girls and boys of the community, interactive value enriching, and creative sessions with community members, Planning and conducting sessions on Gender Sensitization, Life skills, Female Health and Hygiene, along with working on their documentation.

Shakti Shalini acknowledges its volunteers and interns whilst keeping them under close watch and also provides them with appropriate supervisors and mentors for guidance and enhancement of learning and growth.

ARTIVISM

Activism Through Art–Art acts as a powerful medium to convey messages, make a change, and reach out to people. Along with the numerous things that art can and does do is therapy but also as a mode of empowerment. Shakti Shalini uses art to channel victims and survivor's angst, frustration, and emotions in different forms of art so that they can use it as their strength and grow from it.

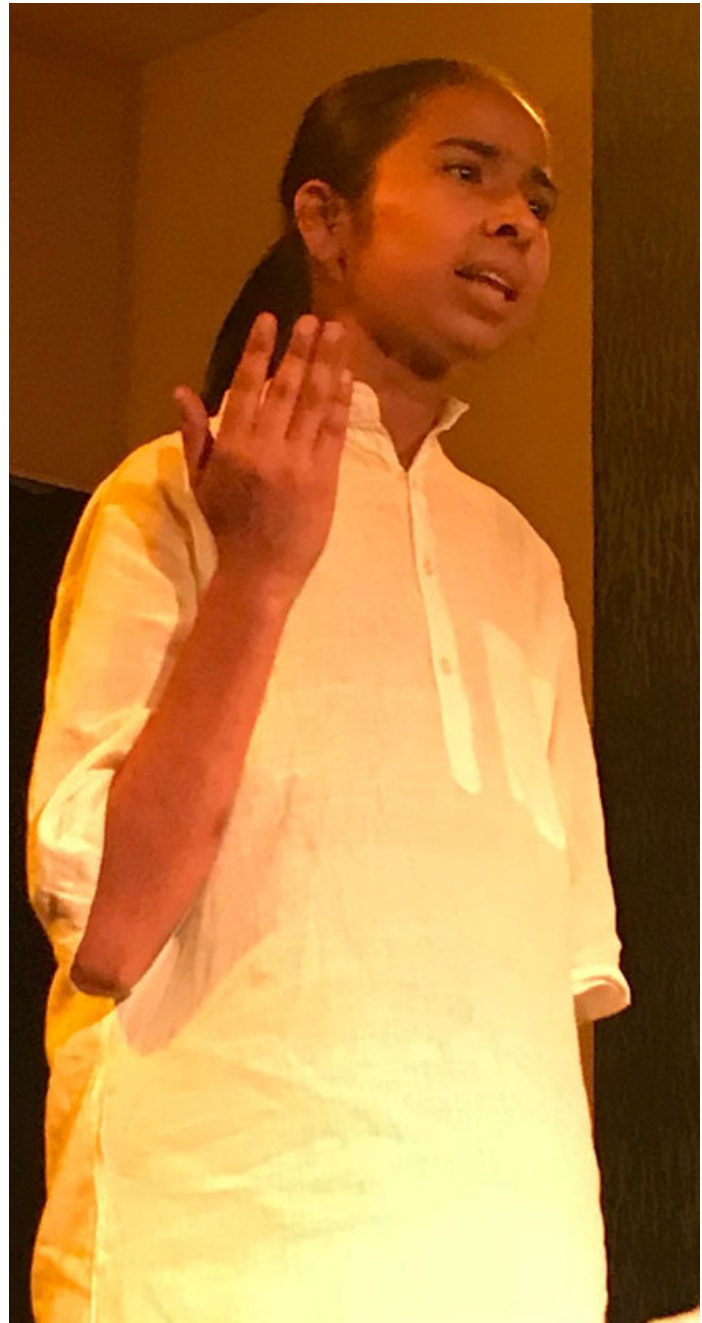


DARMIYAN

Multilingual literature platform (sharing narratives of the survivors of violence may it be in forms of articles, poems, or stories) – We cannot feel the pain and struggle that others go through or have gone through but we can make ourselves aware of all that is going on around us. Darmiyan provides strength to people who have witnessed, endured, fought, and survived different forms of violence by reaching out to the rest of the world. Putting their life narratives out there for the public or sharing their stories in the form of articles, poems, or stories is not easy, however Shakti Shalini gives them helps them to grow and face these challenges by providing them this multilingual platform that gives them and their stories a voice.

SUCCESS STORY 1

In the era where women's rights has been universally acknowledged as human rights and various efforts to promote gender equality and right to choice are being taken, both on individual and community level by various organizations, we fail to combat gender based violence on different levels. Yet, at Shakti Shalini we are determined and dedicated to fight gender based violence and help our survivors to rehabilitate themselves. One such survivor at our care is Ruksaar. She is 26 years old, and has three siblings.



Ruksaar has been a victim of extreme form of physical and mental abuse at the hands of her parents and brothers, on account of her not willing to get married until she gets self dependent. She was brutally tortured, both physically and emotionally for a long time but she managed to escape and seek help from Shakti shalini.

During her initial months at Shakti Shalini, Ruksaar hesitated to engage with men, owing to the mental trauma and restrictions she had been faced with at her home. We proudly share that through the months of her journey here, she is now a completely transformed girl. She has taken Computer and English learning classes, and has also learnt web designing and Photoshop as part of our skill enhancement activity. She participated in activities like Theatre and earned her bit by Book Binding, through the help of Shakti Shalini. She also feels confident to engage and interact with males around her.

She appeared in various interviews at different organizations and even got offered by them. Currently, she is working as a Night-Care giver at Shakti Shalini shelter home 'Pehchaan'. She is reborn as a confident, self dependent and talented woman, she always aspired to be.

Ruksaar has taken Computer and English learning classes, and has also learnt web designing and Photoshop as part of our skill enhancement activity.

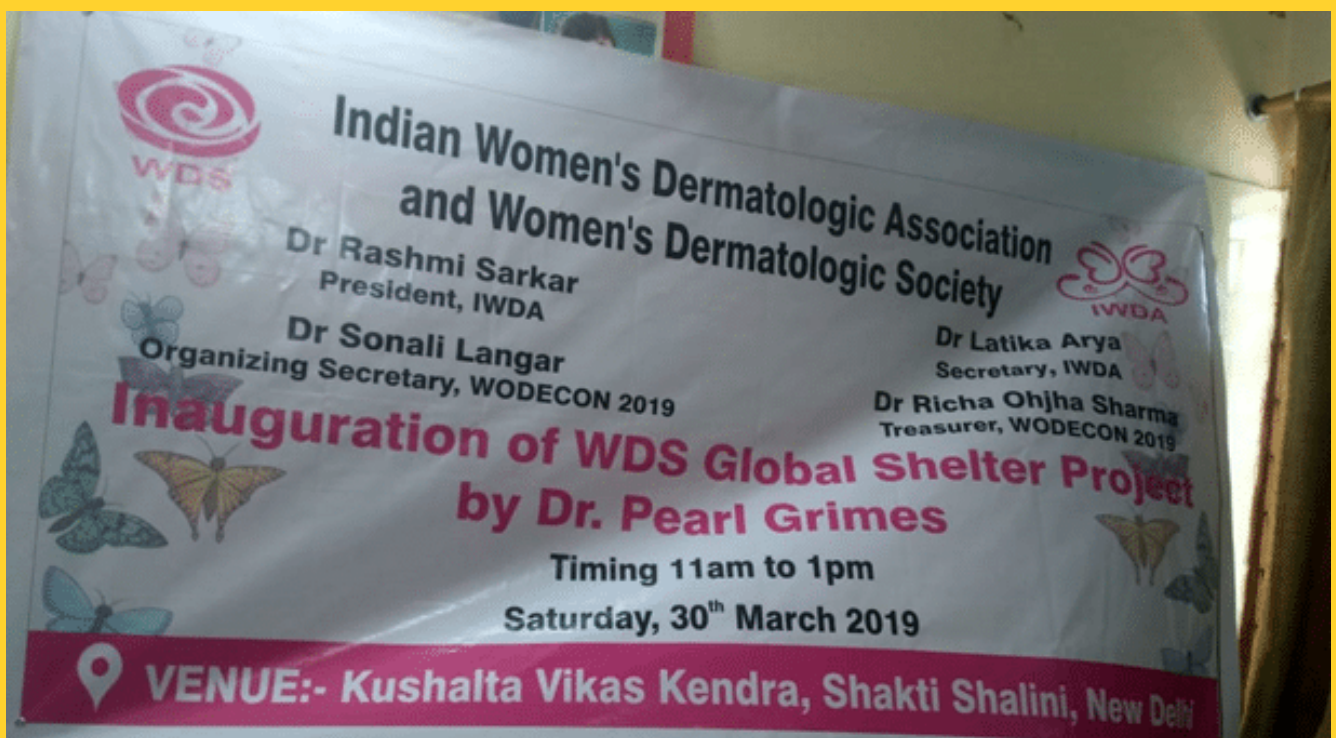
MAJOR EVENTS



Migrants in the hundreds fled from Bangladesh to India in 2013. They fled here for safety, shelter, and to build themselves homes, just to find that one day the huts they lived in would catch fire and they would not have any place to live in. 'Zakat Foundation' came to their rescue during their time of distress and helped them by giving them hope as they installed tents for them, providing them with a shelter.

HEALTH CHECK-UP CAMP

Shakti Shalini organised a health camp on the 9th of May, 2018 in collaboration with 'Aghosh' at Madanpur Kadar with the Rohingya Camp. The people in the camps were provided with free checkups and medicines which was attended and availed by 136 people from there.



SKIN CARE CHECK-UP CAMP

Disadvantaged communities sadly do not just face lack of resources and facilities but also have to undergo a lot of problems. One of the many problems they face is lack of cleanliness due to their lifestyles, upbringing and situations which have further led to a lot of health issues, skin problems being one of the main ones.

Shakti Shalini, in partnership with “Indian Women’s Dermatologic Association and Women’s Dermatologic Society”, launched Skin Health Campaign as an ongoing work in the communities and the Pehchan Centre organised a skin camp on the 31st of May, 2019 whilst inviting Dr.Latika (dermatologist) to provide with the help and assistance needed. This camp took place in ‘Pehchan’ (one of the centres of Shakti Shalini) where the doctor provided free check-ups to the local community members from 11:30 am till 1:00 pm. The 24 beneficiaries who visited and availed benefits of the camp were extremely thankful and appreciative of Shakti Shalini’s initiative.

Shakti Shalini



FESTIVITIES



MOTHER'S DAY CELEBRATION

Mother's Day is a special occasion and keeping that in mind while taking pride in being a mother, and most foremost a woman is something that Shakti Shalini stands firm on. The celebrations were carried out at the Vodafone centre on Rohtak Road.

Women from both the community as well as the shelter home were invited and made a part of the celebrations which included cake cutting, music, and games. This event was enjoyed and cherished by 28 women who received gifts from Vodafone.



**“GOD COULD NOT BE EVERYWHERE, AND
THEREFORE HE MADE MOTHERS.”**

Rudyard Kipling



DIWALI MELA



Diwali, the festivals of lights, is one of the biggest festivals that India celebrates. On the 25th of October, the Diwali mela, an annual event conducted by Shakti Shalini was held. This day not only celebrates good winning over evil in ancient context but also that in the current era where women showcase their strengths via displaying handicraft items made by them year long. Women of the shelter home along with five other disadvantaged communities work together to pull off this event.



The crowd that interacts with and visits the mela consists of positive and uplifting people, making the environment safe and secure. Everything from the grass root level, such as – from arrangement of the stalls, to interaction with numerous visitors and customers along with making of the items are all done and worked on by the residents and the community members (women). This not only showcases the amazing talent that these women possess but also helps them build their confidence, develop business skills, gives them much needed exposure, and acts as a therapy whilst teaching them survival skills.



SUCCESS STORY 2

Being a single parent is not easy. Even though we talk about the progression the society has made in this 21st century that we so proudly call modern, being a single parent is not easy, especially for people from marginalized and neglected communities. The story of Sarita (name has been kept confidential and has been changed with the permission of the survivor) is one of the many women who fight for themselves but more for their children and the betterment of their future.

“

Women like her, along with many others are the ones who set great examples of how women are not dependant on anyone and with a little help and guidance can fight against all evils.

”

Sarita is a 32 year old mother who along with her son suffered extreme violence from her husband. Whenever she would have the courage to leave her home and her husband the act of forgiveness followed from her husband.

On returning home, thinking of a new start, her husband would return to his initial self continuing the brutal acts on her and her son. It is true that women are said to withstand anything but it is also true that we are all humans and there is only a certain extent till which someone can deal with the injustices and brutality of life. Sarita took the bold step to finally leave and move far away from her home along with her son. Reaching out to Shakti Shalini helped her gain strength, courage, and fight against the violence and pain that was pent up inside of her and was able to fight against her husband. She now works in an NGO and provides for her son.

Shakti Shalini



YEAR AT A GLANCE

HEALTH CHECK-UP CAMP

SKINCARE CHECK UP
CAMP

MOTHER'S DAY
CELEBRATION

DIWALI MELA

AWARENESS ON VIOLENCE AT
WORKPLACES

(A PLAY BY JAGORI)



PARTNERS*



Centre for Enquiry into Health and Allied Themes





British
High Commission
New Delhi



PHILANTHROPIC
FOUNDATION



DELHI COMMISSION
FOR WOMEN

D O N O R S

- MAIN TENDUE
- GO PHILANTHROPY
- DELHI COMMISSION FOR WOMEN
- GERMAN EMBASSY
- BRITISH HIGH COMMISSION
- INDIVIDUAL DONORS

STAKE HOLDERS

SOS

**MADAN MOHAN
HOSPITAL, MALVIYA
NAGAR**

**SAFDARJANG
HOSPITAL**

**MATERNITY
HOME,
SRINIWASPURI**

**SAARTHAK/ DR.
ANCHAL BHAGAT
CLINIC**

**CHILD WELFARE
COMMITTEE, KALKAJI &
LAJPAT NAGAR (SOUTH &
SOUTH-EAST DELHI)**

**PANDIES
THEATRE GROUP**

**MATERNITY
HOME, BHOGAL**

**13 POLICE
STATIONS
ACROSS SOUTH
EAST DISTRICT**

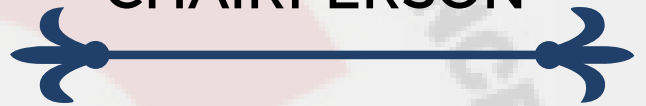
**ALL INDIA
INSTITUTE OF
MEDICAL
SCIENCES
(AIIMS)**



TEAM



**SUDHA TIWARI,
CHAIRPERSON**



**DR.BHARTI SHARMA,
HONORARY SECRETARY**



TEAM

**DOLLY,
COORDINATOR & COUNSELOR**




**MONIKA TIWARY,
COUNSELOR & EDUCATION
FACILITATOR**

TEAM



NEEL,
KVK COORDINATOR



SABHIYA,
COMMUNITY OUTREACH
WORKER



TEAM

USHA,
ADMIN OFFICE & SHELTER
MANAGER



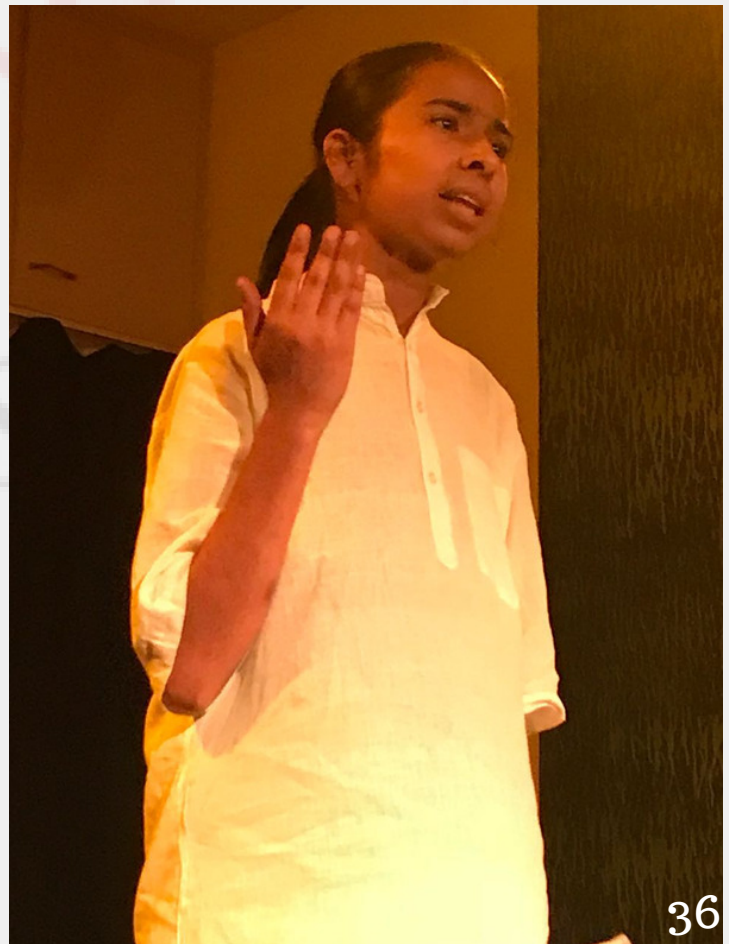
SAROJ,
DAY CAREGIVER; CUTTING &
TAILORING TRAINER



TEAM



ABIDA,
BEAUTY & CULTURE TRAINER;
MANAGER OF NIKHAAR



RUKSAAR,
NIGHT CAREGIVER

TEAM



TAMANNA,
H.R. MANAGER

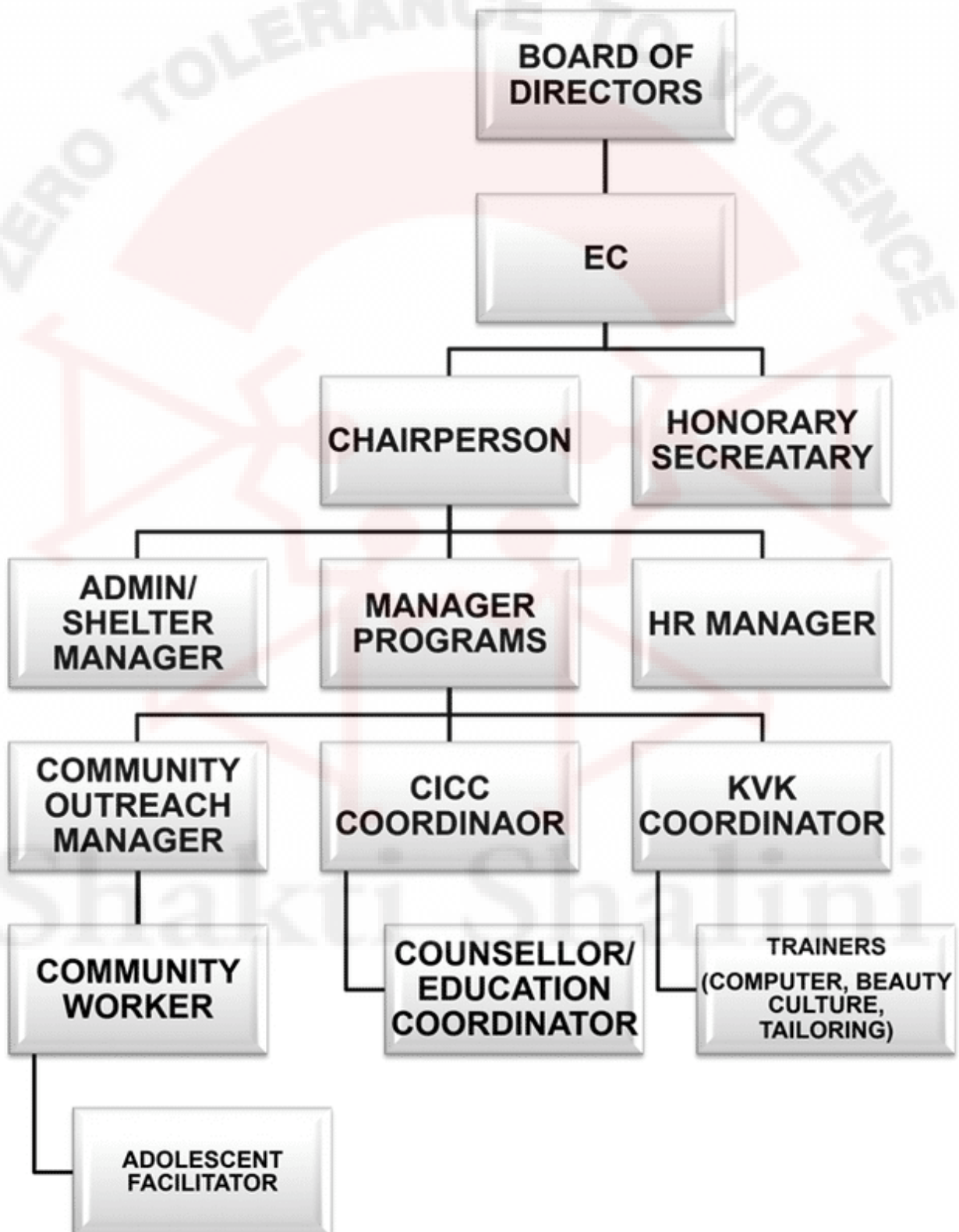


TEAM



THE SHAKTI SHALINI FAMILY

ORGANIZATIONAL STRUCTURE



contact us

Address:

6/30-B, Basement
Kargil Park Lane, Jangpura B
New Delhi, India.
Pin Code: 110014

Phone:

011-24373737

E-Mail:

shaktishalini87@gmail.com

Facebook:

<https://www.facebook.com/ShaktiShalini/?fref=ts>

Twitter:

<https://twitter.com/shaktishalinidl>

